

# Representation Alignment for Generation: Training Diffusion Transformers Is Easier Than You Think

Submission of ICLR25' – 10,10,10,8,8,8

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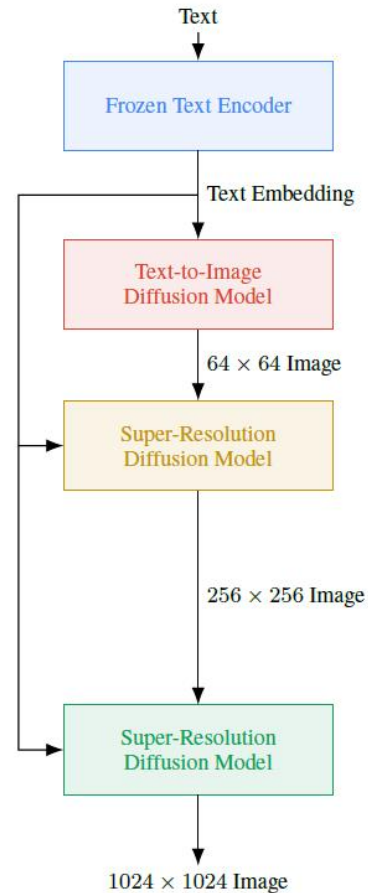
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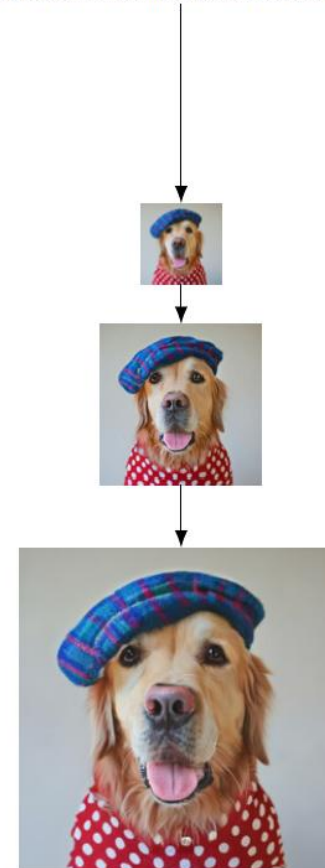
# Background

## Speeding up building diffusion models / frameworks

Cascaded models: DALLE2, Imagen.



"A Golden Retriever dog wearing a blue checkered beret and red dotted turtleneck."



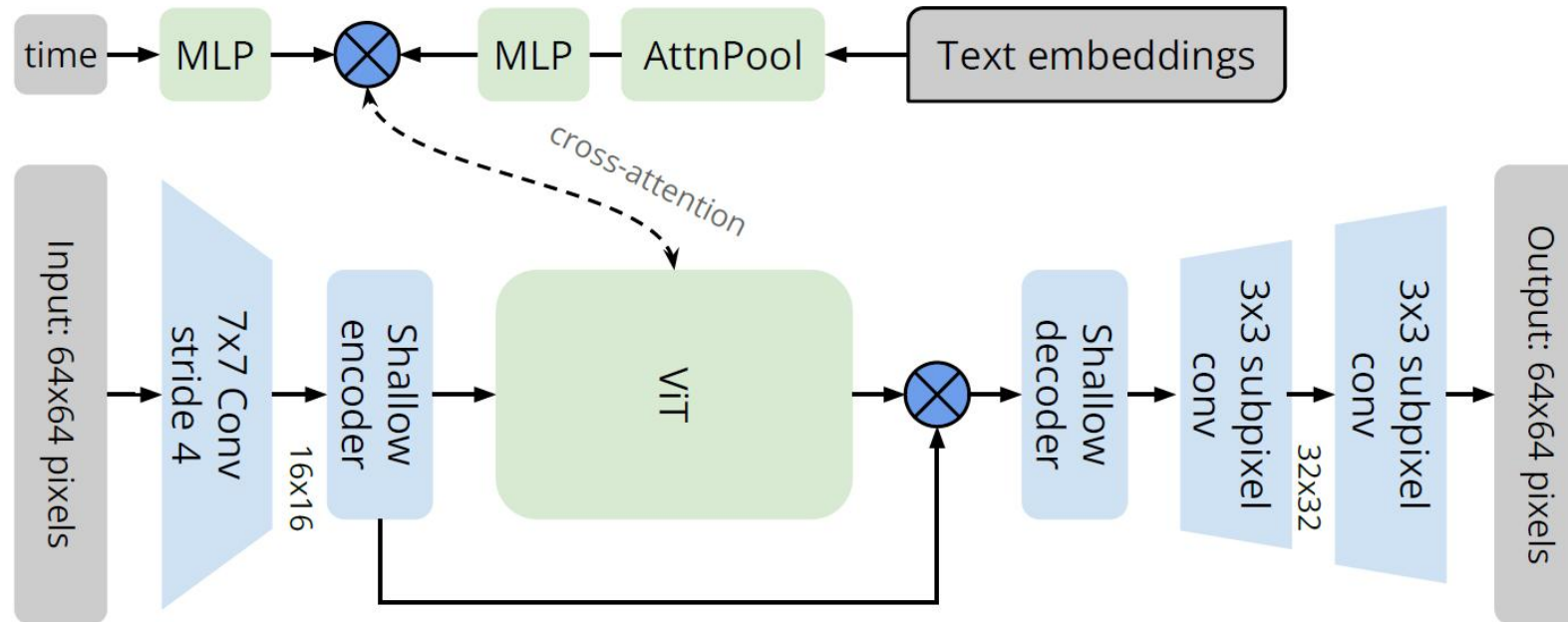
[1] Aditya Ramesh et al. Hierarchical Text-Conditional Image Generation with CLIP Latents, arXiv 2204.

[2] Chitwan Saharia et al. Photorealistic Text-to-Image Diffusion Models with Deep Language Understanding, NIPS22'.

# Background

## Speeding up building diffusion models / frameworks

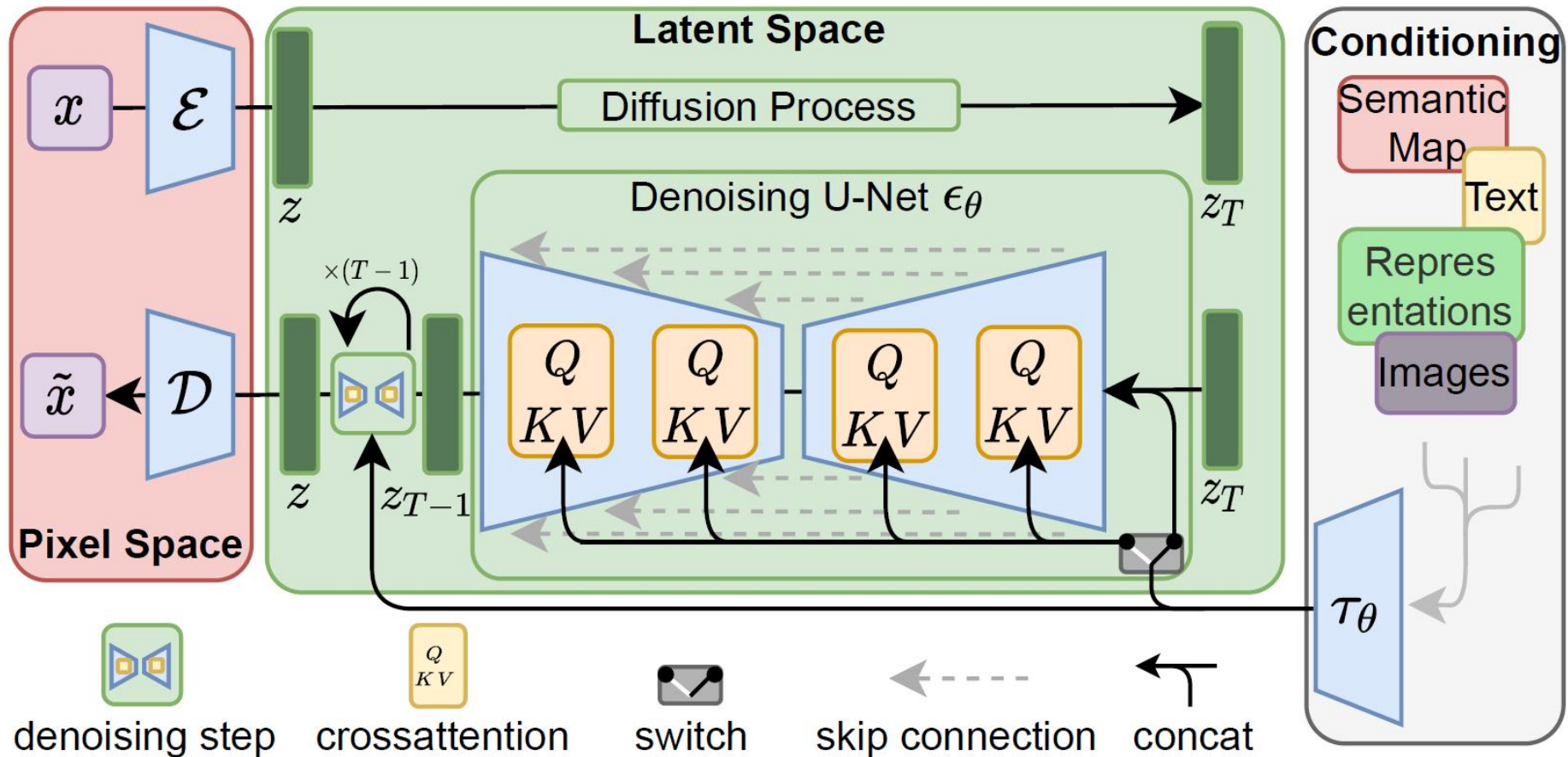
Greedy growing: Vermeer.



# Background

## Speeding up building diffusion models / frameworks

Employing latent spaces: StableDiffusion, FLUX.



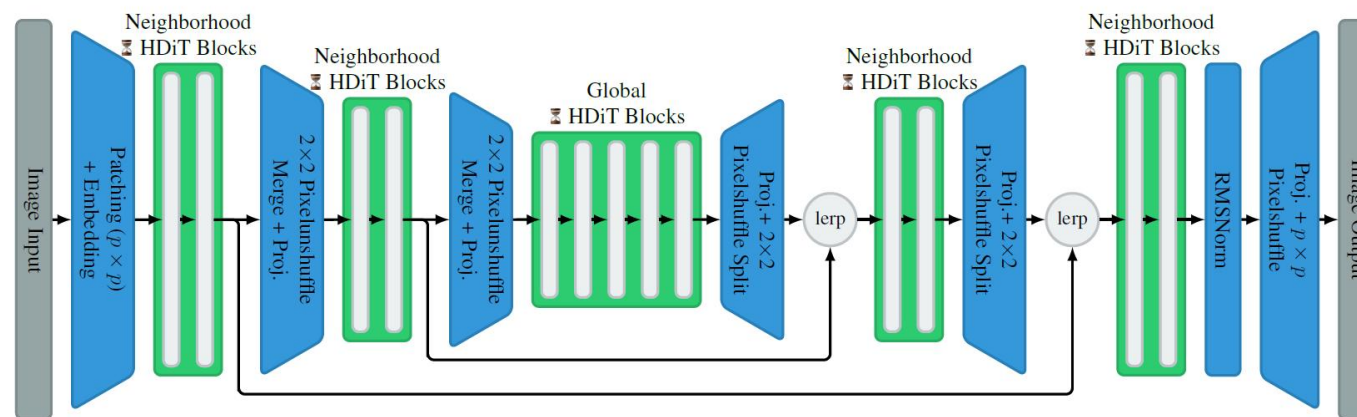
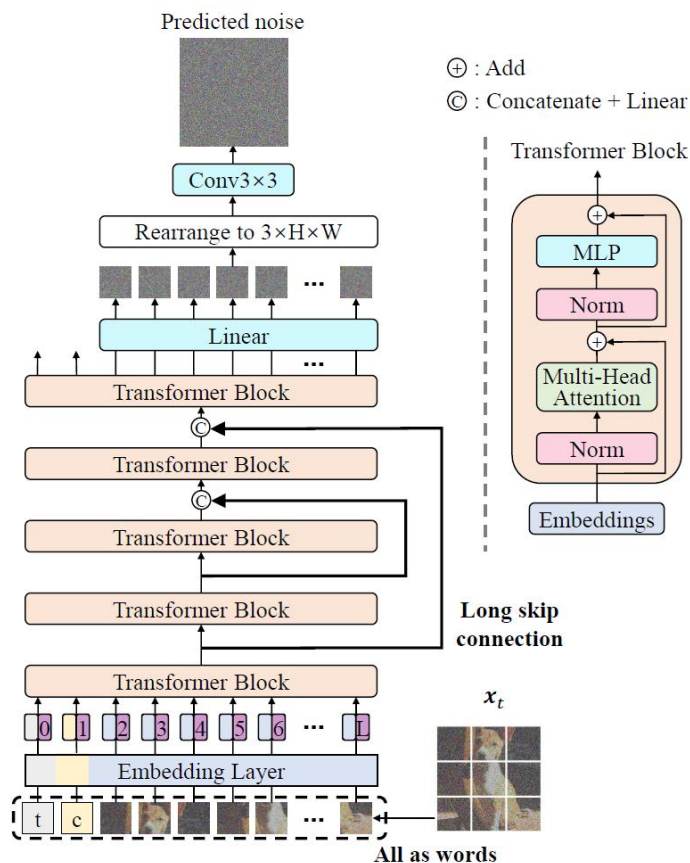
[4] Robin Rombach et al. High-Resolution Image Synthesis with Latent Diffusion Models, CVPR22'.

[5] Black Forest Labs. FLUX, 2024.

# Background

## Speeding up building diffusion models / frameworks

Adding long skip connections: from DiT to U-ViT, HDiT.



dit纯标题党，训一下就知道没long skip收敛多[模糊]了，uvit才是正解。

05-14 · 美国

[6] Fan Bao et al. All are Worth Words: A ViT Backbone for Diffusion Models, CVPR23'.

[7] Katherine Crowson et al. Scalable High-Resolution Pixel-Space Image Synthesis with Hourglass Diffusion Transformers, ICML24<sup>8</sup>.



# Background

## Speeding up building diffusion models / frameworks

Reweighting the loss items: min-SNR- $\gamma$ .

$$q(\mathbf{x}_t|\mathbf{x}_0) = \mathcal{N}(\mathbf{x}_t; \alpha_t\mathbf{x}_0, \sigma_t^2\mathbf{I})$$

$$\mathbf{x}_t = \alpha_t\mathbf{x}_0 + \sigma_t\epsilon$$

$$\text{SNR}(t) = \frac{\alpha_t^2}{\sigma_t^2}$$

$$w_t = \min\{\text{SNR}(t), \gamma\}.$$

where  $w_t$  is the weight of

$$\mathcal{L}_{\text{simple}}^t(\theta) = \mathbb{E}_{\mathbf{x}_0, \epsilon} [\|\mathbf{x}_0 - \hat{\mathbf{x}}_{\theta}(\alpha_t\mathbf{x}_0 + \sigma_t\epsilon)\|_2^2]$$

# Background

## **Speeding up building diffusion models / frameworks**

Improved modeling: from DDPM to Rectified Flow.



# Background

## Speeding up building diffusion models / frameworks

Reschedule the sampling of  $t$ : StableDiffusion3.

The probability density function of sampling  $t$  is:

$$\pi_{\text{ln}}(t; m, s) = \frac{1}{s\sqrt{2\pi}} \frac{1}{t(1-t)} \exp\left(-\frac{(\text{logit}(t) - m)^2}{2s^2}\right)$$

In practice, the sampling of  $t$  is achieved by:

- sample  $u \sim \mathcal{N}(u; m, s)$  ;
- map it through standard logistic function.

## Background

### **Speeding up building diffusion models / frameworks**

Combining different strategies to achieve optimal performances.

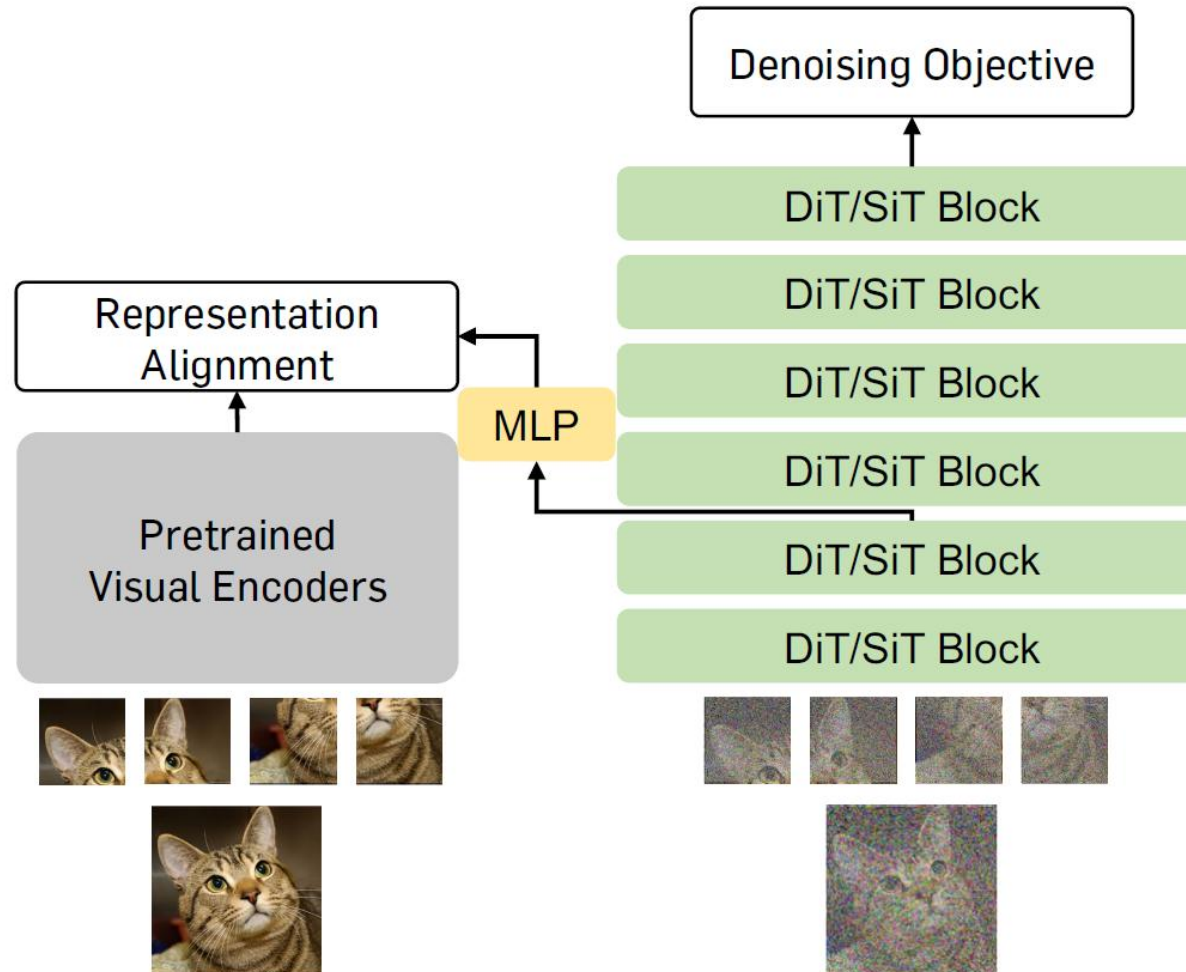
*e.g.*, latent generation + skip connection + RF + rescheduled timestep.

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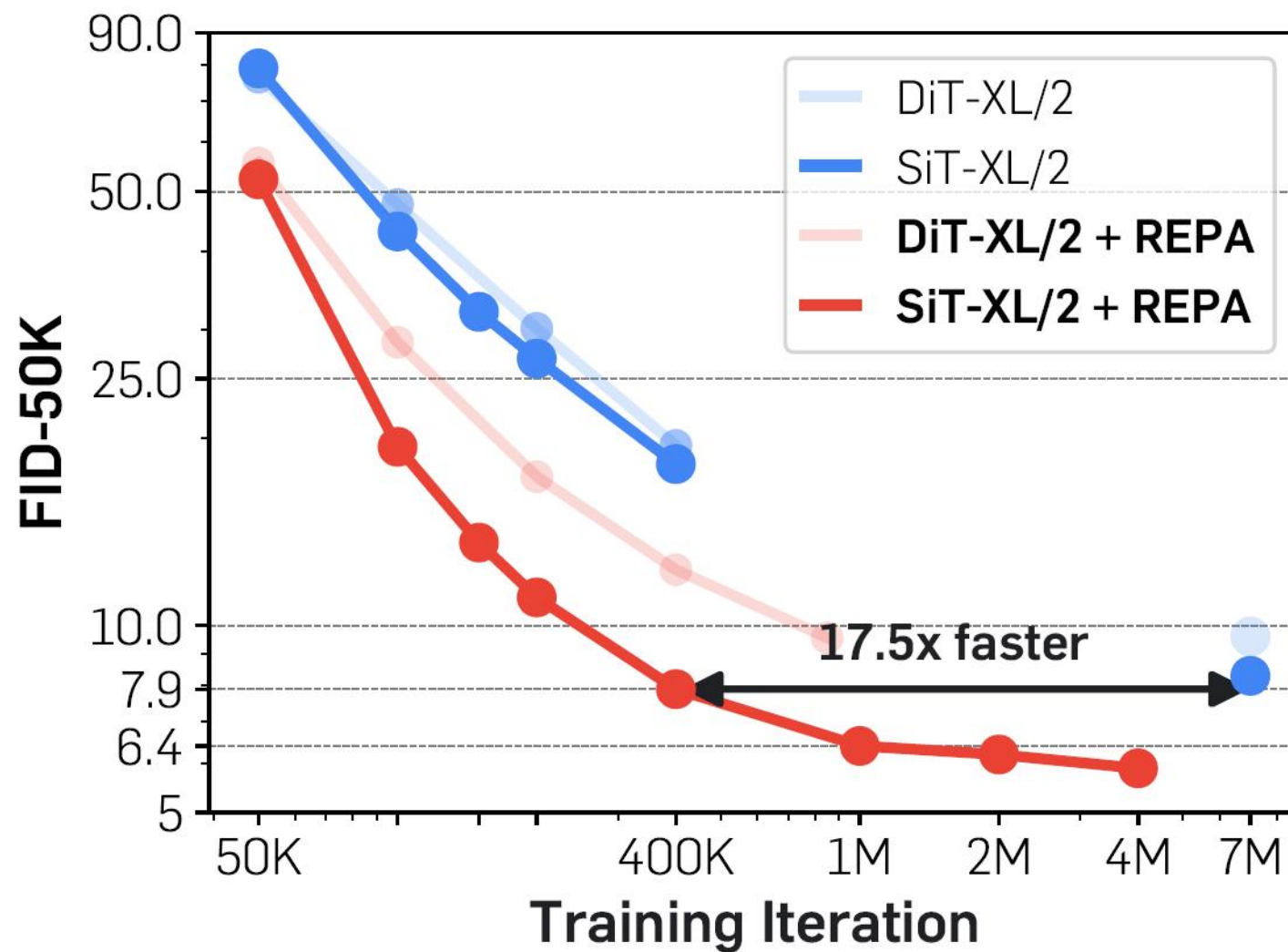
# Method

## REpresentation Alignment (REPA) for accelerating diffusion training.



# Method

**REPA speeds up the training and improves the quality significantly.**



# Method

## REPA speeds up the training and improves the quality significantly.

Table 3: **FID comparisons with vanilla DiTs and SiTs** on ImageNet  $256 \times 256$ . We do not use classifier-free guidance (CFG).  $\downarrow$  denotes lower values are better. Iter. indicates the training iteration.

Model	#Params	Iter.	FID $\downarrow$
DiT-L/2	458M	400K	23.3
<b>+ REPA (ours)</b>	458M	<b>400K</b>	<b>15.6</b>
DiT-XL/2	675M	400K	19.5
<b>+ REPA (ours)</b>	675M	<b>400K</b>	<b>12.3</b>
DiT-XL/2	675M	<b>7M</b>	9.6
<b>+ REPA (ours)</b>	675M	<b>850K</b>	<b>9.6</b>
SiT-B/2	130M	400K	33.0
<b>+ REPA (ours)</b>	130M	<b>400K</b>	<b>24.4</b>
SiT-L/2	458M	400K	18.8
<b>+ REPA (ours)</b>	458M	<b>400K</b>	<b>9.7</b>
<b>+ REPA (ours)</b>	458M	<b>700K</b>	<b>8.4</b>
SiT-XL/2	675M	400K	17.2
<b>+ REPA (ours)</b>	675M	<b>150K</b>	<b>13.6</b>
SiT-XL/2	675M	7M	8.3
<b>+ REPA (ours)</b>	675M	<b>400K</b>	<b>7.9</b>
<b>+ REPA (ours)</b>	675M	<b>1M</b>	<b>6.4</b>
<b>+ REPA (ours)</b>	675M	<b>4M</b>	<b>5.9</b>

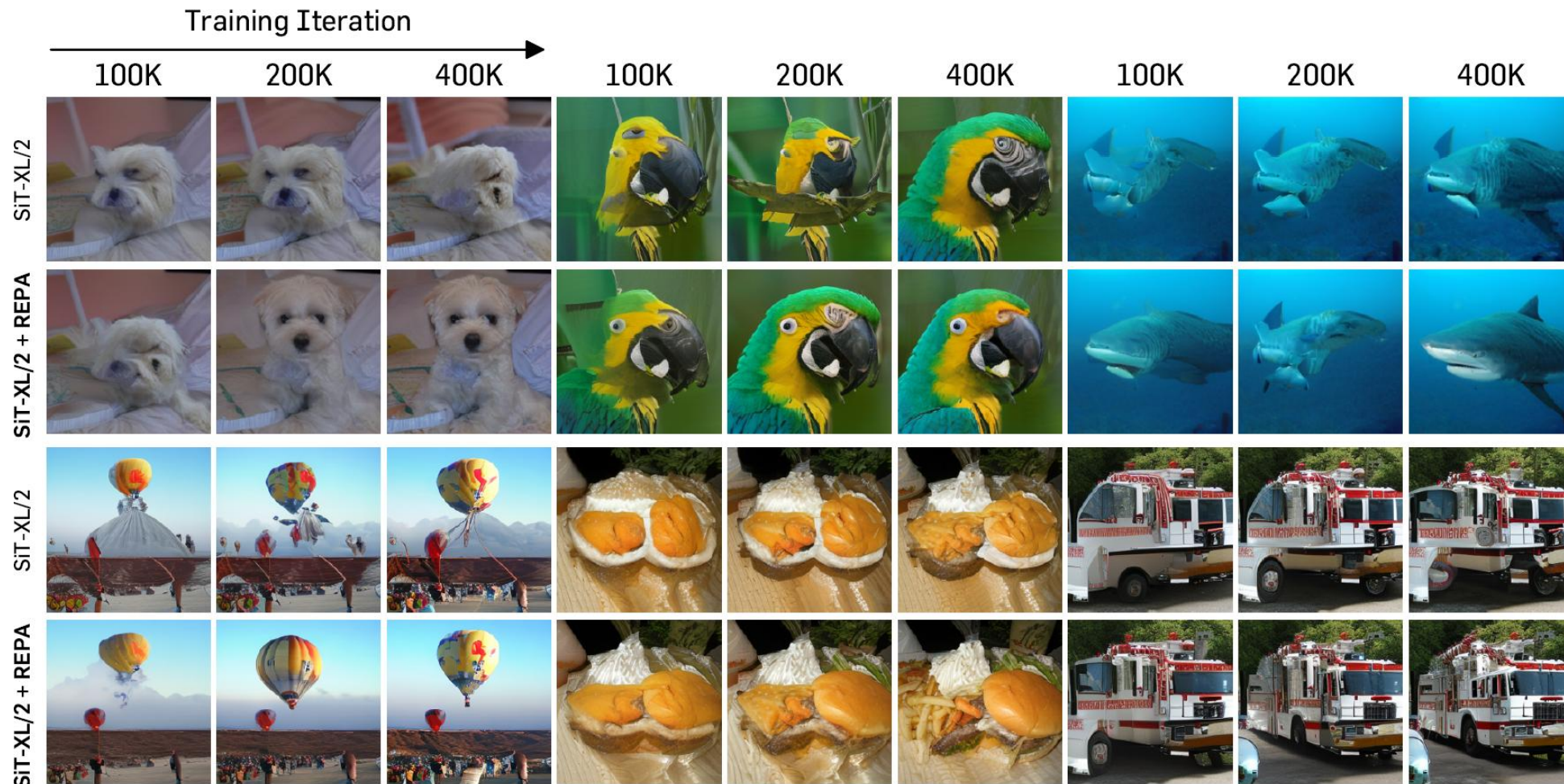
Table 4: **System-level comparison** on ImageNet  $256 \times 256$  with CFG.  $\downarrow$  and  $\uparrow$  indicate whether lower or higher values are better, respectively. Results that include additional CFG scheduling are marked with an asterisk (\*), where the guidance interval from (Kynkäänniemi et al., 2024) is applied for REPA.

Model	Epochs	FID $\downarrow$	sFID $\downarrow$	IS $\uparrow$	Pre. $\uparrow$	Rec. $\uparrow$
<i>Pixel diffusion</i>						
ADM-U	400	3.94	6.14	186.7	0.82	0.52
VDM++	560	2.40	-	225.3	-	-
Simple diffusion	800	2.77	-	211.8	-	-
CDM	2160	4.88	-	158.7	-	-
<i>Latent diffusion, U-Net</i>						
LDM-4	200	3.60	-	247.7	0.87	0.48
<i>Latent diffusion, Transformer + U-Net hybrid</i>						
U-ViT-H/2	240	2.29	5.68	263.9	0.82	0.57
DiffiT*	-	1.73	-	276.5	0.80	0.62
MDTv2-XL/2*	1080	1.58	4.52	314.7	0.79	0.65
<i>Latent diffusion, Transformer</i>						
MaskDiT	1600	2.28	5.67	276.6	0.80	0.61
SD-DiT	480	3.23	-	-	-	-
DiT-XL/2	1400	2.27	4.60	278.2	<b>0.83</b>	0.57
SiT-XL/2	1400	2.06	4.50	270.3	0.82	0.59
+ REPA (ours)	200	1.96	<b>4.49</b>	264.0	0.82	0.60
+ REPA (ours)	800	1.80	4.50	284.0	0.81	0.61
<b>+ REPA (ours)*</b>	<b>800</b>	<b>1.42</b>	<b>4.70</b>	<b>305.7</b>	<b>0.80</b>	<b>0.65</b>



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**REPA speeds up the training and improves the quality significantly.**



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## The ablation studies in VE, depth and objective.

Iter.	Target Repr.	Depth	Objective	FID↓	sFID↓	IS↑	Pre.↑	Rec.↑	Acc.↑
400K	Vanilla SiT-L/2 (Ma et al., 2024a)			18.8	5.29	72.0	0.64	0.64	N/A
400K	MAE-L	8	NT-Xent	12.5	4.89	90.7	0.68	0.63	57.3
400K	DINO-B	8	NT-Xent	11.9	5.00	92.9	0.68	0.63	59.3
400K	MoCov3-L	8	NT-Xent	11.9	5.06	92.2	0.68	0.64	63.0
400K	I-JEPA-H	8	NT-Xent	11.6	5.21	98.0	0.68	0.64	62.1
400K	CLIP-L	8	NT-Xent	11.0	5.25	100.4	0.67	0.66	67.2
400K	SigLIP-L	8	NT-Xent	10.2	5.15	107.0	0.69	0.64	68.8
400K	DINOv2-L	8	NT-Xent	10.0	5.09	106.6	0.68	0.65	68.1
400K	DINOv2-B	8	NT-Xent	9.7	5.13	107.5	0.69	0.64	65.7
400K	DINOv2-L	8	NT-Xent	10.0	5.09	106.6	0.68	0.65	68.1
400K	DINOv2-g	8	NT-Xent	9.8	5.22	108.9	0.69	0.64	65.7
400K	DINOv2-L	6	NT-Xent	10.3	5.23	106.5	0.69	0.65	66.2
400K	DINOv2-L	8	NT-Xent	10.0	5.09	106.6	0.68	0.65	68.1
400K	DINOv2-L	10	NT-Xent	10.5	5.50	105.0	0.68	0.65	68.6
400K	DINOv2-L	12	NT-Xent	11.2	5.14	100.2	0.68	0.64	69.4
400K	DINOv2-L	14	NT-Xent	11.6	5.61	99.5	0.67	0.65	70.0
400K	DINOv2-L	16	NT-Xent	12.1	5.34	96.1	0.67	0.64	71.1
400K	DINOv2-L	8	NT-Xent	10.0	5.09	106.6	0.68	0.65	68.1
400K	DINOv2-L	8	Cos. sim.	9.9	5.34	111.9	0.68	0.65	68.2




# Method

The authors addressed almost all the concerns of the reviewers.



## Common Response

**Official Comment** by Authors  22 Nov 2024, 11:53 (modified: 22 Nov 2024, 12:12)  Everyone  Revisions

**Comment:**  
Dear reviewers and AC,

We sincerely appreciate your valuable time and effort spent reviewing our manuscript.

We propose REPA, a regularization for improving diffusion transformers by aligning their representations with powerful pretrained target representations. As reviewers highlighted, our method is well-motivated (K7ig, vfsY, i9uK, MZyg), simple yet effective (vfsY, i9uk), providing a new meaningful insight (XnZq, K7ig), demonstrated by strong empirical results and comprehensive experiments and analysis (all). We appreciate your constructive feedback on our manuscript. In response to the comments, we have carefully revised and enhanced the manuscript as follows:

- ImageNet 512x512 experiment (Appendix J)
- Text-to-image experiment (Appendix K)
- Feature map visualization (Appendix L)
- Dataset analysis used for training target visual encoders (Appendix C.3)
- State-of-the-art FID on ImageNet 256x256 with guidance interval (Table 2)
- Limitation and Future Work (Appendix M)
- Fixing typos (L290)

In the revised manuscript, these updates are temporarily highlighted in blue for your convenience to check.

We sincerely believe that these updates may help us better deliver the benefits of the proposed REPA to the ICLR community.

Thank you very much,  
Authors.

Add: **Public Comment**

## Discussion

Can REPA be integrated with other speeding up techniques?

JanusFlow has conducted experiments of combining:

- REPA
- Skip connection
- Reschedule the sampling of  $t$

and demonstrated the effectiveness of employing REPA.